

Setting Standards:

The regulation of complementary healthcare in the UK

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Voluntary regulation – how does it work?



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Accredited Registers

- Set up by the Professional Standards Authority for Health and Social Care (PSA) in 2013.
- Runs in parallel to statutory regulators.
- Registration is voluntary.
- Covers health occupations not regulated by law, including complementary therapies.
- Accredited Registers (ARs) can display the PSA Quality Mark.



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About us

CNHC

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Healthcare Council

professional
standards
authority

accredited register

CNHC is accredited by the
Professional Standards Authority
for Health and Social Care (PSA)
as **the holder of an Accredited
Register (AR)**.

This means we have met the robust standards set
by this government-appointed accrediting body.



CNHC's key function is to **act in the public interest.**

It is the **only** organisation that was set up with government support and initial funding to provide a UK public register of complementary health practitioners.



What we do

- Set the standards practitioners need to meet to get onto and stay on our register.
- Provide an independent UK-wide register of complementary healthcare practitioners.
- Investigate complaints / concerns.
- Protection of the public is our **sole purpose**.

Who do we Regulate?

Practitioners across 18 complementary therapies:

Alexander Technique Teaching | Aromatherapy | Bowen Therapy
Colon Hydrotherapy | Craniosacral Therapy | Healing | Hypnotherapy
Kinesiology | Massage Therapy | Microsystems Acupuncture
Naturopathy | Nutritional Therapy | Reflexology | Reiki | Shiatsu
Sports Massage | Sports Therapy | Yoga Therapy



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A photograph showing a person in a white lab coat with their hands resting on the back of a patient lying on a white surface. The scene is brightly lit and conveys a sense of care and support.

Why register with CNHC?



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Key benefits for CNHC Registrants

- Growing recognition of your role with the public.
- Listing on CNHC's online searchable Accredited Register.
- Use of the CNHC Quality Mark.
- GP's can refer to practitioners on Accredited Registers (General Medical Council guidance).
- Guidance for Registrants.
- An increasing number of complementary therapist roles in the NHS require CNHC registration.

The CNHC Quality Mark



**The public's guarantee
of standards**

All CNHC registered practitioners appear on the **Accredited Register and can use the CNHC Quality Mark**



Find a practitioner

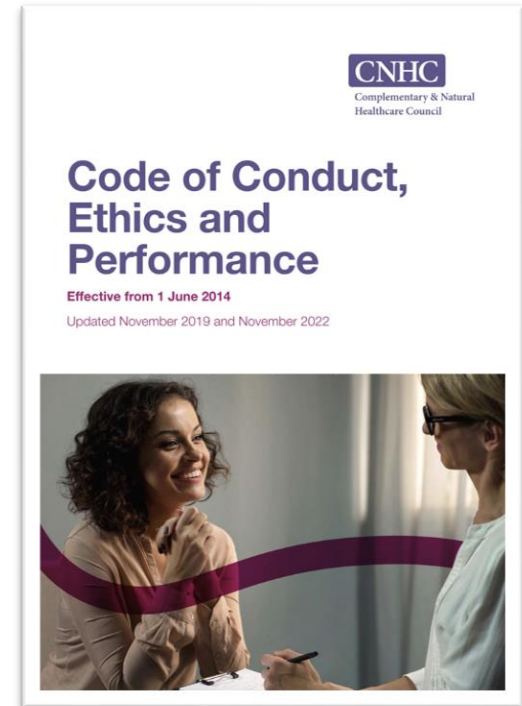
- You can search for a particular complementary health practitioner, using their name, town/city or postcode
- You can narrow your search by selecting a profession
- You can find a local complementary health practitioner in a particular town/city or postcode area and select how many miles from there that you want to search.

Name Profession

Town/City Postcode Distance

Code of Conduct, Ethics and Performance

- Sets out the quality of care the public are entitled to receive.
- Sets out the standards Registrants will be measured against if a complaint is received about them.
- All CNHC Registrants have a duty to protect the health and wellbeing of their clients.





The benefits for public health and wellbeing



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- Help to support the public's health and wellbeing – particularly at a time when the NHS is under immense pressure.
- Benefits can include helping with weight loss, eating healthily, smoking cessation, pain relief, aiding relaxation and helping to alleviate stress and anxiety.



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The National Institute for Health and Care Excellence (NICE) has published guidelines that include recommendations about the use of complementary therapies for:

- Low back pain and sciatica
- Irritable Bowel Syndrome (IBS)
- Parkinson's disease
- Help with symptom control and to enhance general wellbeing of cancer patients – particularly touch therapies (e.g. aromatherapy, reflexology and massage) and psychological interventions (e.g. relaxation, meditation and visualisation).

GP referral



The General Medical Council's guidance allows doctors to refer patients to practitioners on an Accredited Register.



CNHC's vision of integrative healthcare

- CNHC support integrative healthcare – an approach seamlessly bringing together mainstream and complementary healthcare.
- Our goal is for complementary therapies to be available to all who want to access it.



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Email: info@cnhc.org.uk

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THANK YOU

Questions?



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