



General Practice bulletin

CNHC initiates article featured in NHS GP Bulletin

CNHC approached the Professional Standards Authority to draft an article for the monthly NHS General Practice Bulletin. The feature drove awareness of the Accredited Register scheme and how practitioners can support the primary care workforce. View the article [here](#).

CNHC welcomes another Chinese Delegation



On Monday 26 November, CNHC Chief Executive, Margaret Coats, hosted the Chinese Delegation from Yan'an Hospital of Kunming City. The members of the Chinese Delegation were eager to learn about the role of voluntary regulation in the UK and to understand how CNHC helps maintain standards across 16 different therapies. This is the third time CNHC has hosted delegates from China.

Focus on the CNHC Code – Principle E

Last month we highlighted Principle D, which deals with providing a good standard of practice and care. This month we are reviewing Principle E, which focuses on protecting clients and colleagues from risk of harm.

Principle E: You must protect clients and colleagues from risk of harm

There are eight parts to Principle E. Parts E1 to E3 covers complaints, raising concerns and your behaviour. Parts E4 to E6 covers your own health, health & safety concerns and infection control. And finally, parts E7 and E8 cover safeguarding and professional indemnity insurance. Each part of Principle E is listed below:

- E1 – Managing complaints
- E2 – Raising concerns
- E3 – Professional behaviour
- E4 – Your own health and wellbeing
- E5 – Health and safety
- E6 – Controlling infection
- E7 – Safeguarding the welfare of children, young people and vulnerable adults
- E8 – Professional indemnity insurance

The Code of Conduct clearly defines each part including guidance for each principle and links to useful information about dealing with complaints, health and safety at work, infection prevention and control and safeguarding. Even if you feel very familiar with The Code, we recommend you review it regularly.

View the full Code of Conduct, Ethics and Performance on our website [here](#). To request a printed copy of The Code, please email info@cnhc.org.uk or call **020 3668 0406**.

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Welcome to the December 2018 edition of newsupdate

CNHC Chair, Michael Watson, reflects on achievements this year

It is hard to believe that another year has already gone by. I would like to thank all CNHC registrants for your work Standing up for Standards again this year.

CNHC had many achievements to celebrate in 2018, including:

- adding Colon Hydrotherapy to the register
- taking part in our first podcast
- participating in several All Party Parliamentary Group meetings
- being invited to be a partner organisation of the NICE Shared Decision-Making Collaborative
- exhibiting at ten events over the course of the year
- responding to two sets of NICE guidelines
- nearly doubling the size of our Local Champions network.

However, looking back at CNHC's achievements it was clear that our registrants are the real stars who are doing some incredible work in their fields. If you browse back through our [newsletters](#) and [blogs](#), you will find a wealth of stories and recognition for your work as employees and volunteers, involvement in charity initiatives, receiving awards and so much more.

This year also marked the launch of the first NHS Natural Health School, which Sarah Grant, CNHC Board Member, played an integral role in developing. We will continue to support these efforts and to ensure key NHS decision makers are aware of the role complementary therapists can play to support public health.

As the year draws to a close, I encourage you all to celebrate your accomplishments and look forward to a new year.

Wishing you all a festive holiday season.

Michael



Michael Watson

Health & Wellbeing Centre offers low cost complementary therapies to local area

The Axminster Health and Wellbeing Centre is a registered charity with a vision to improve the health and wellbeing of people in and around Axminster. The charity's mission is to deliver complementary healthcare services for all.

The Centre offers a range of complementary therapies alongside a food bank, free Macmillan resources, a Wishing Well Social Group (for people affected by cancer), a sensory garden and a range of other initiatives to support local people to live a fulfilling life.

The Centre also has a programme called '[Wellbeing Services for All](#)' which is part of a project to help deliver low-cost therapies to those that need it.

Centre Manager Samantha Norris said: "We want to provide a resource to help local people cope with the everyday stresses of life and to be able to engage in the local community. It's important to us that those most in need are able to receive the therapies so we are delighted to have the funding to be able to offer therapies at a discount."

Where CNHC registers the discipline concerned, the Centre Managers require those complementary therapists to be registered with CNHC. Currently, there are nine CNHC registered therapists providing treatments at the Axminster Health & Wellbeing Centre, and that number will continue to grow as the centre expands their services.

Centre Manager Aynsley Jones believes that CNHC registration "is key for our therapists as it demonstrates that we are dedicated to maintaining industry standards, and it also lets the public know that they can choose our CNHC registered practitioners with confidence."

For more information about the Axminster Health & Wellbeing Centre, please visit: <http://axminsterwellbeing.com/>



Louise Mockford
– Massage
Therapy



Elizabeth Clayton
– Craniosacral
Therapy



Deborah Pearce
– Hypnotherapy



Emma Gilmore
– Craniosacral
Therapy



Barbara Bell –
Reflexology



Elizabeth Bray
– Nutritional
Therapy



Richard Cawte
– Hypnotherapy



Marie Holmes
– Aromatherapy



Melanie Philip –
Bowen Therapy



CNHC Massage Therapist leads Complementary Therapy service at Terrance Higgins Trust

Our latest blog is from Adrian Martins, a CNHC registered Massage Therapist. Adrian began working at [Terrance Higgins Trust](#), the UK's leading HIV and sexual health charity, just last year. In his role as Complementary Therapy Coordinator, he manages a team of volunteer therapists that offer low-cost treatments and free therapies for those experiencing financial hardships.

Read all about Adrian's story in our latest blog [here](#).



COMPLEMENTARY THERAPY AWARDS

Complementary Therapy Awards

Read about all of the CNHC registrants who were recognised at the 2018 Complementary Therapy Awards. We send our heartiest congratulations to them all.

Click [here](#) to find out more about them.

CNHC resources – get ready for the new year

Did you know that there is a wealth of information and resources available to you in [MyCNHC](#)? Here are just some of the tools and resources you can find:

- CNHC leaflets you can personalise with your own details
- CNHC poster to signpost in your treatment and/or waiting room
- CNHC registration certificate to display
- CNHC Press release template
- CNHC GP letter template
- CNHC quality mark (high resolution) – for printing on your own marketing materials

Contact CNHC

Email: info@cnhc.org.uk | Phone: 020 3668 0406 | Website: www.cnhc.org.uk

Address: 46-48 East Smithfield, London E1W 1AW