





Issue 145 | December 2021





Season's greetings from CNHC

As the COVID-19 pandemic and the uncertainty that it brings continues, we hope you are able to take a much deserved break and wish you all a restful holiday season.

CNHC's Board and staff team thank you for all the hard work over the year, supporting the nation's health and wellbeing and wish you a happy and prosperous 2022.

Please note the CNHC office will be closed from Friday 24 December 2021 and will re-open on Tuesday 4 January 2022.



CNHC registered? Keep your registration up to date

Whether it's time to renew or your registration has lapsed, renewing your registration is an easy online process. Follow these simple steps:

- Login to MyCNHC using the email address you registered with and your password*
- Click the 'Renew' option
- Confirm the details requested
- Pay the renewal fee online by debit/credit card.

[* **N.B.** We migrated to a new Register database in July 2021. As a result of this, all CNHC Registrants who have not logged in since 07/07/2021 will need to reset their password once before logging in.]

If you need any help please contact us by email at info@cnhc.org.uk or call 020 3327 2720.

Remember you can download your CNHC registration certificate plus a wide range of resources by logging in to MyCNHC

Log in to MyCNHC



Volunteering opportunities for CNHC Registrants

- University College Hospitals London Charity in Central London has an exciting new complementary health initiative to support staff wellbeing as part of the hospital's Covid recovery strategy. Find out more here.
- Cancer Education UK is searching for a volunteer Complementary Therapist, who is available for five hours a week to provide care for cancer patients, Find out more here.
- **West Hampstead Women's Centre** are looking for female Volunteer Massage Therapists, Aromatherapists and a Reflexologist to support vulnerable women. Find out more here.
- **Rennie Grove Hospice Care** are seeking Complementary Therapist Volunteers (practising Massage Therapy; Aromatherapy; Reflexology; Craniosacral Therapy; and Reiki) to work across their nursing area in Buckinghamshire. Treatments will be offered in clients' homes or virtually. Find out more here.

Find out more

Contact CNHC

Email: info@cnhc.org.uk | Phone: 020 3327 2720 | Website: www.cnhc.org.uk

Address: CNHC, PO Box 428, Bristol, BS9 0FB





