

Registration with the CNHC for Craniosacral Therapists

In order to be eligible to apply for registration with CNHC practitioners must have

- undertaken a programme of training that meets, as a minimum, the Craniosacral Therapy National Occupational Standards and the Craniosacral Core Curriculum. The minimum level of qualification required is equivalent to 3 (England and Wales); 5 (Northern Ireland); 6 (Scotland) on the [UK Qualification Comparison Chart](#)

OR

- have achieved competence to the level of the Craniosacral Therapy National Occupational Standards by means of relevant experience of at least three years and been assessed by their peers as having met those Standards.

Please note, courses delivered entirely by distance learning do not meet CNHC requirements.

The following courses meet the National Occupational Standards and the Craniosacral Therapy Core Curriculum.

College of Cranio-Sacral Therapy

9 St George's Mews
London NW1 8XE
020 7483 0120
info@ccst.co.uk www.ccst.co.uk

Craniosacral Therapy Educational Trust

78 York Street
London W1H 1DP
07000 785778
info@cranio.co.uk www.cranio.co.uk

The Institute of Craniosacral Studies

4 Ennerdale Road
Reading
RG2 7HH
0118 986 3986
admin@craniosacralstudies.co.uk www.craniosacralstudies.co.uk

Karuna Institute

Natsworthy Manor
Widewcombe-in-the-Moor
Newton Abbot
Devon TQ13 7TR
01647 221475
office@karuna-institute.co.uk www.karuna-institute.co.uk

Resonance Trainings

23 Silver Street
Buckfastleigh
Devon
TQ11 0BQ

01503 250767

cst@resonance.org.uk www.resonance.org.uk

Practitioners who graduated after 1997 from the above courses are eligible for fast-track registration*: Those who graduated before 1997 may need to provide a portfolio of CPD studies.

Practitioners who trained at the Upledger Institute must have

- satisfied the prerequisites
- completed modules 1 – 5
- passed the final examination in theory and practice

They will also be asked to provide information about taught CPD courses to ensure the requirements of the core curriculum are met

Upledger Institute UK

Porch House, Chestnut Avenue,
Axbridge,
Somerset,
BS25 2BS
01934 733611

www.upledger.co.uk mail@upledger.co.uk

*Fast-track applicants can apply directly using the Route 1 option or Route 2 option. See [Apply to Register – A Step by Step Guide](#) for further information

If you trained elsewhere, then you need to present a **Full Portfolio** of evidence to join the register. Further information and templates for completing portfolios are available from CNHC. Please email info@cnhc.org.uk or telephone 020 3668 0406

NOTE: Any organisation that wishes a course to be added to the those listed above is invited to submit to the CNHC office detailed documentation that demonstrates how the course delivers all the outcomes of the National Occupational Standards (NOS) and the requirements of the Core Curriculum. The office will copy the documentation to the Professional Specific Board (PSB) so that the PSB can advise the CNHC whether the list should be updated.



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