CNHC
Complementary & Natural Healthcare Council

Registration with the CNHC for Nutritional Therapists

In order to be eligible to apply for registration with CNHC practitioners must have

- undertaken a programme of training that meets, as a minimum, the Nutritional Therapy National Occupational Standards and the Nutritional Therapy Core Curriculum. The minimum level of qualification is BSc (Hons), level 6 of the Framework of Higher Education Qualifications (FHEQ) in England, Northern Ireland and Wales and BSc (Hons) Level 10 of the Framework for Higher Education in Scotland (FQHEIS).

OR

- have achieved competence to the level of the Nutritional Therapy National Occupational Standards by means of relevant experience of at least three years and been assessed by their peers as having met those Standards.

Please note, courses delivered entirely by distance learning do not meet CNHC requirements.

1. **Fully Accredited Courses:**

The following courses meet the National Occupational Standards (NOS) and the Nutritional Therapy Core Curriculum. If you graduated from one of these courses you are eligible to apply for CNHC registration on the basis of your qualification alone.

NOTE: Any organisation that wishes a course to be added to those listed below is asked to submit an application to the Nutritional Therapy Education Commission .

BCNH College of Nutrition and Health
Course - Diploma in Nutrition and Lifestyle Medicine (this course is now closed to new students but remains accredited until remaining students have graduated)

BCNH / University of Northampton
Course - BSc (Hons) Nutrition and Lifestyle Medicine

Centre For Nutrition Education and Lifestyle Management
Course - BSc Hons Nutritional Science + Practice Diploma
Course - MSc / PG Dip in Personalised Nutrition + Practice Diploma
Course - BSc Hons Nutritional Therapy / Fast Track + PG Cert Nutritional Therapy + Practitioner Development (BSc Hons NT now closed to new level 4 entrants)
This course is now closed to students but the course remains accredited until remaining students have graduated
Courses validated by Middlesex University

Institute for Optimum Nutrition (ION)
Course - BSc (Hons) Nutritional Therapy
Course - Graduate Diploma Integrative Functional Nutrition with Clinical Practice

Northern College of Acupuncture
Course - MSc in Nutrition Science and Practice (this course is now closed to new students but remains accredited until remaining students have graduated)

University of West London
Course - BSc/BSc(Hons) Nutritional Therapy

University of Worcester
Course - PG Dip/MSc Nutritional Therapy
From September 2023: Course Title - PG Dip/MSc Nutrition and Lifestyle Medicine

If you have completed one of the courses listed above and belong to the British Association for Nutrition and Lifestyle Medicine (BANT) you are required to register with CNHC. Please contact BANT for further information.

If you have completed one of the courses listed above and belong to the Naturopathic Nutrition Association (NNA) you can apply through them. Please contact the NNA for further information.

If you have completed one of the courses listed above and don't belong to either BANT or NNA please call CNHC on 020 3327 2720 or email info@cnhc.org.uk

2. **Other courses:**

The following training provider (CNM) is accredited until February 2021 and students must have started the course before 1 September 2020. In order to be considered for course accreditation beyond February 2021, CNM would be required to put forward a BSc for accreditation by the **Nutritional Therapy Education Commission (NTEC)**:

The College of Naturopathic Medicine
Course - Naturopathic Nutritional Therapy Diploma

If you started the CNM course after 1 September 2020 you may wish to approach one of the currently accredited course providers listed above and seek Accreditation of Prior Learning for what you have completed on the CNM diploma course.

3. **Other training courses:**

If you trained elsewhere, or at one of the above colleges outside the defined dates, then you need to present a **Full Portfolio** of evidence to register with CNHC.

If you belong to British Association for Nutrition and Lifestyle Medicine (BANT) then you are required to register with CNHC. Please contact BANT for further information.

If you belong to the Naturopathic Nutrition Association (NNA) you can apply through them. Please contact the NNA for further information.

If you don't belong to BANT or the NNA click here for further information on completing a portfolio application.