

Setting Standards:

The regulation of complementary healthcare in the UK

Lynsey Metcalfe, Registrant Board Member
Michael Lupson, Lay Board Member



Complementary & Natural
Healthcare Council



accredited register



Voluntary regulation – how does it work?



Complementary & Natural
Healthcare Council



accredited register

Accredited Registers

- Set up by the Professional Standards Authority for Health and Social Care (PSA) in 2013.
- Runs in parallel to statutory regulators.
- Registration is voluntary.
- Covers health occupations not regulated by law, including complementary therapies.
- Accredited Registers (ARs) can display the PSA Quality Mark.



About us



Complementary & Natural
Healthcare Council



accredited register

CNHC is accredited by the
Professional Standards Authority
for Health and Social Care (PSA)
as **the holder of an Accredited
Register (AR)**.

This means we have met the robust standards set
by this government-appointed accrediting body.



Complementary & Natural
Healthcare Council



accredited register

CNHC's key function is to **act in the public interest.**

It is the **only** organisation that was set up with government support and initial funding to provide a UK public register of complementary health practitioners.



Complementary & Natural
Healthcare Council



What we do

- Set the standards practitioners need to meet to get onto and stay on our register.
- Provide an independent UK-wide register of complementary healthcare practitioners.
- Investigate complaints / concerns.
- Protection of the public is our **sole purpose**.



Complementary & Natural
Healthcare Council



accredited register

Who do we Regulate?

Practitioners across 18 complementary therapies:

Alexander Technique Teaching | Aromatherapy | Bowen Therapy
Colon Hydrotherapy | Craniosacral Therapy | Healing | Hypnotherapy
Kinesiology | Massage Therapy | Microsystems Acupuncture
Naturopathy | Nutritional Therapy | Reflexology | Reiki | Shiatsu
Sports Massage | Sports Therapy | Yoga Therapy



Complementary & Natural
Healthcare Council



accredited register

Why register with CNHC?



Complementary & Natural
Healthcare Council



accredited register

The significance of CNHC registration

All CNHC registrants are engaged in work which involves the provision of healthcare.

Section 25E (Section 25D: interpretation), Health and Social Care Act 2012



Complementary & Natural
Healthcare Council



accredited register

Key benefits for CNHC Registrants

- Growing recognition of your role with the public.
- Listing on CNHC's online searchable Accredited Register.
- Use of the CNHC Quality Mark.
- GP's can refer to practitioners on Accredited Registers (General Medical Council guidance).
- Guidance for Registrants.
- An increasing number of complementary therapist roles in the NHS require CNHC registration.

The CNHC Quality Mark



**The public's guarantee
of standards**

All CNHC registered practitioners appear on the **Accredited Register and can use the CNHC Quality Mark**



Find a practitioner

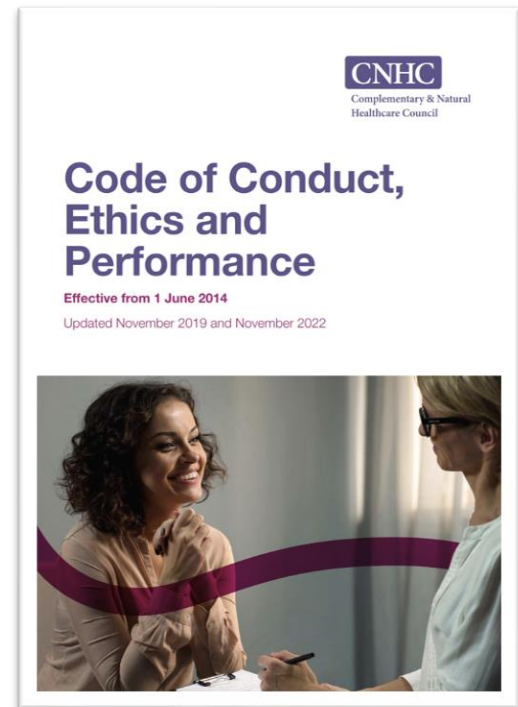
- You can search for a particular complementary health practitioner, using their name, town/city or postcode
- You can narrow your search by selecting a profession
- You can find a local complementary health practitioner in a particular town/city or postcode area and select how many miles from there that you want to search.

<input type="text" value="Name"/>	<input type="text" value="Profession"/>	
<input type="text" value="Town/City"/>	<input type="text" value="Postcode"/>	<input type="text" value="Distance"/>
<input type="button" value="SEARCH"/>		

www.cnhc.org.uk

Code of Conduct, Ethics and Performance

- Sets out the quality of care the public are entitled to receive.
- Sets out the standards Registrants will be measured against if a complaint is received about them.
- All CNHC Registrants have a duty to protect the health and wellbeing of their clients.





The benefits for public health and wellbeing



Complementary & Natural
Healthcare Council



accredited register



- Help to support the public's health and wellbeing – particularly at a time when the NHS is under immense pressure.
- Benefits can include helping with weight loss, eating healthily, smoking cessation, pain relief, aiding relaxation and helping to alleviate stress and anxiety.



Complementary & Natural
Healthcare Council



accredited register

The National Institute for Health and Care Excellence (NICE) has published guidelines that include recommendations about the use of complementary therapies for:

- Low back pain and sciatica
- Irritable Bowel Syndrome (IBS)
- Parkinson's disease
- Help with symptom control and to enhance general wellbeing of cancer patients – particularly touch therapies (e.g. aromatherapy, reflexology and massage) and psychological interventions (e.g. relaxation, meditation and visualisation).



Complementary & Natural
Healthcare Council



GP referral



The General Medical Council's guidance allows doctors to refer patients to practitioners on an Accredited Register.

CNHC's vision of integrative healthcare

- CNHC support integrative healthcare – an approach seamlessly bringing together mainstream and complementary healthcare.
- Our goal is for complementary therapies to be available to all who want to access it.



Complementary & Natural
Healthcare Council



Contact CNHC

Sign up to our free
monthly e-newsletter:

Simply complete the sign-up form at the bottom of our website.

Visit our website:
www.cnhc.org.uk

Contact us directly:

Phone: 020 3327 2720

Email: info@cnhc.org.uk

Follow us on social media:



@CNHC.org.uk



@CNHC_UK



Complementary and Natural
Healthcare Council



@cnhc_uk

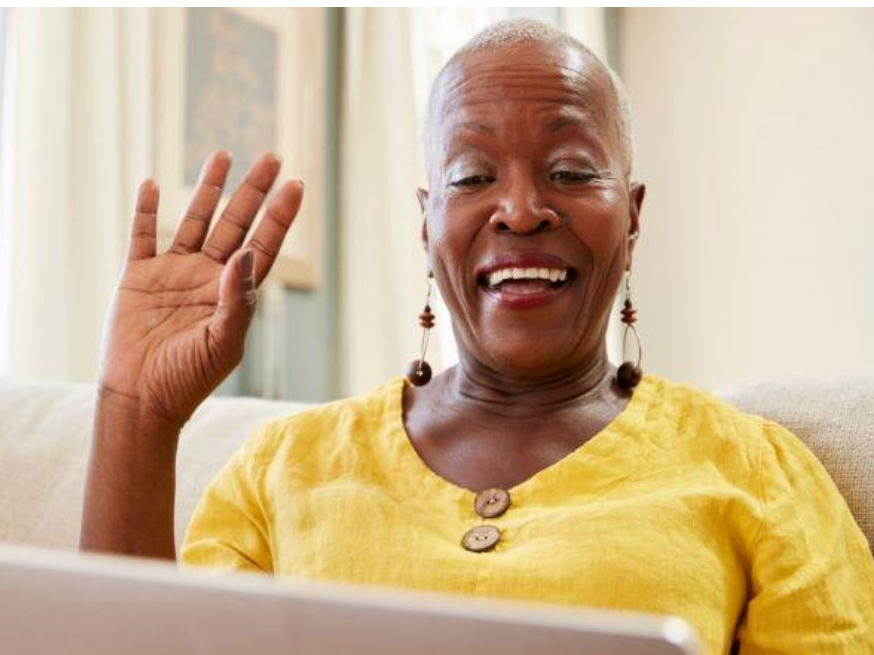


Subscribe to our YouTube channel



Complementary & Natural
Healthcare Council





THANK YOU

Questions?



Complementary & Natural
Healthcare Council



professional
standards
authority

accredited register